



JANUARY | 2018

Beacon Center Menu - K-5 \$2.65 /6- 8 \$2.95/ 9-12 - \$3.25

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 NO SCHOOL WINTER BREAK	2 NO SCHOOL WINTER BREAK	3 NO SCHOOL WINTER BREAK	4 NO SCHOOL WINTER BREAK	5 NO SCHOOL WINTER BREAK
8 Chicken Quesadilla Salsa Spanish Rice Golden Corn Broccoli Florets Fruit Choice	9 Penne Pasta w/ Meaty Spaghetti Sauce WG Dinner Roll (9-12only) Green Beans Fruit Choice	10 Domino's Pizza Marinara Sauce Romaine Blend Salad Cauliflower Florets Fruit Choice	11 Popcorn Chicken (12pc) Graham Crackers 1pkt – K-8 & 2 pkts 9-12 Oven Potatoes Broccoli Florets & Romaine Blend Salad Fruit Choice	12 Cheeseburger on WW Bun Tater Tots Fresh Baby Spinach Salad Fruit Choice
15 NO SCHOOL MLK Day	16 Chicken Patty Sandwich on WG Bun Oven Roasted Potatoes Fruit Choice	17 Domino's Pizza Marinara Sauce Romaine Blend Salad Cauliflower Florets Fruit Choice	18 Macaroni & Cheese WG Dinner Roll (9-12 only) Carrot Coins Broccoli Florets Fruit Choice	19 Walking Taco w/ Beef & Corn Chips Red Beans and Rice Golden Corn Fruit Choice
22 Chicken Tenders (3) WG Dinner Roll (9-12 only) Oven Potatoes Baby Carrots & Romaine Blend Salad Fruit Choice	23 Lasagna Roll-ups Marinara Sauce Garlic Bread Green Beans Fruit Choice	24 HALF DAY	25 HALF DAY	26 HALF DAY
29 Roasted Chicken Drumstick Mini Pretzel Roll Mashed Potatoes Baby Carrots Fruit Choice	30 Salisbury Steak w/ Gravy Dinner Roll Mashed Potatoes Cherry Tomatoes Fruit Choice	31 Domino's Pizza Marinara Sauce Romaine Blend Salad Cauliflower Florets Fruit Choice		

Please join us for lunch!

Alternate Meal Entree

Mon & Fri.:

Low fat Yogurt w/ Grain Based Treat

Tu, Wed, Thur: PB & J Sandwich

Breakfast Menu: subject to change

Monday: WG Asst'd Cereals, Graham Crackers, and Fruit Juice & Milk

Tuesday: Low fat Yogurt, Graham Crackers, Fruit & Milk

Wednesday: Kellogg's Crunchmania, Fruit Juice, & Milk

Thursday: WG Asst'd Cereals, Graham Crackers, Fruit Juice, & Milk

Friday: WG Fruit & Berry Nutrition Bar, Graham Crackers, Fruit Juice & Milk

Energize your brain and body! Start your day with breakfast at school.

Free & Reduced-Price Meal Applications are available in your school's main office or online

<https://foodservice.resa.net/southgate/onlineapps/Welcome.aspx>

Payments can be placed on student accounts by going to

<https://www.mypaymentsplus.com/>

Menu Subject to Change

Milk included with all meals.

GF= Gluten Free Upon request