

2019-20 Anderson High School Menu

Student Prices \$3.25 Reduced \$0.40 Entrée Only \$2.25
Milk Price \$0.55 Adult Meal \$4.00

All serving lines have options for full pay, free and reduced students.

Southgate Food Services complies with the federal Healthy Hungry Free Kids Act of 2010 implemented by the USDA, which places strict limits on calories, saturated fat and portion size by grade level. The new standards align school meals with the latest nutrition science and the 2010 Dietary Guidelines for Americans, making sure that students are offered both fruits and vegetables each day, more grains, with portion sizes and calorie counts designed to maintain a healthy weight. Food is divided into five groups: Meat/Meat Alternate, Vegetable, Fruit, Grains/Grain Alternate & Milk. Under Offer vs. Serve, all food groups are offered to students. They must choose at least three, to include either a fruit or vegetable, to be considered a meal. Some combination foods count as more than one component (hamburger on a bun, pizza, etc.).

Ala Carte selections are not included in the free/reduced program and may be purchased separately. Milk/Fruit/Vegetable offered on all serving lines.

Titan Daily Special Station

A selection of main entrees to choose from, changing each day.

McCann Burger Station

Grilled hamburgers & chicken sandwich choices with baked fries and more.

Leroy Deli Station

Assorted grains, meats, cheeses and sauces to create a sub or wrap sandwich. Includes a bag of chips when made into a reimbursable meal.

Eureka Pizza Station

Pizza by the slice, cheese or cheese & pepperoni offered as a meal or ala carte daily.

M-Pepperoni & Bacon T-Meat Lovers W- Hawaiian Th.-Supreme F-Bosco Sticks

Titan Salad Station

Caesar, chef or Grilled Chicken Salads available daily, w/choice of dressing and roll.

Breakfast \$1.75 Student/ \$0.30 Reduced Price

Assorted cold items & one hot item offered daily – Menu subject to change without notice.

Southgate Community Schools does not discriminate on the basis of race, color, national origin, sex, age, height, weight, religion, marital status or disability in its programs and activities