

2019-20 Davidson Middle School Menu

Student Prices \$3.00 Reduced \$0.40 Entrée Only \$2.25
Milk Price \$0.55 Adult Meal \$4.00

All serving lines have options for full pay, free and reduced students.

Southgate Food Services complies with the federal Healthy Hungry Free Kids Act of 2010 implemented by the USDA, which places strict limits on calories, saturated fat and portion size by grade level. The new standards align school meals with the latest nutrition science and the 2010 Dietary Guidelines for Americans, making sure that students are offered both fruits and vegetables each day, more grains, with portion sizes and calorie counts designed to maintain a healthy weight. Food is divided into five groups: Meat/Meat Alternate, Vegetable, Fruit, Grains/Grain Alternate & Milk. Under Offer vs. Serve, all food groups are offered to students. They must choose at least three, to include either a fruit or vegetable, to be considered a meal. Some combination foods count as more than one component (hamburger on a bun, pizza, etc).

Ala Carte selections are not included in the free/reduced program and may be purchased separately.

Milk/Fruit/Vegetable offered on all serving lines.

Daily Featured Line

A selection of main entrees to choose from, changing each day, grilled hamburgers, chicken sandwich choices, chicken tenders and more.

Taco & Salad Bar Line

Tacos, chicken or beef, offered daily. Other options such as nachos, nachos supreme or quesadillas offered weekly. Fresh leafy greens with tomatoes, carrots, broccoli, sweet peppers, cucumbers, onions, and more are available as a side salad with Mexican fare, also offered as a meal with meat/cheese toppings.

The Upper Crust

Pizza by the slice, cheese or cheese & pepperoni offered as a meal or ala carte daily.

Titan Stand

**A variety items are available daily as an Ala Carte option or with a featured “meal”.
Fruit Slushies available daily.**

Breakfast \$1.75 Student/ \$0.30 Reduced Price

Assorted cold items & one hot item offered daily – Menu subject to change without notice. Southgate Community Schools does not discriminate on the basis of race, color, national origin, sex, age, height, weight, religion, marital status or disability in its programs and activities