



MARCH | 2022

Southgate Elementary Menu - BREAKFAST

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

28	1 Cereal (1 Item) Graham Cracker (1 Item) Fruit (1 Item) 100% Fruit Juice (1 Item) Choice of Milk (1 Item)	2 Wh. Grain Pop Tart (1 Item) Graham Cracker (1 Item) Fruit (1 Item) 100% Fruit Juice (1 Item) Choice of Milk (1 item)	3 Pillsbury Cherry Pastry (2 Item) Fruit (1 Item) 100% Fruit Juice (1 Item) Choice of Milk (1 Item)	4 Chef's Choice Today Fruit (1 Item) 100% Fruit Juice (1 Item) Choice of Milk (1 Item)
7 NO SCHOOL	8 Cereal (1 Item) Graham Cracker (1 Item) Fruit (1 Item) 100% Fruit Juice (1 Item) Choice of Milk (1 Item)	9 Wh. Grain Pop Tart (1 Item) Graham Cracker (1 Item) Fruit (1 Item) 100% Fruit Juice (1 Item) Choice of Milk (1 item)	10 Muffin (2-Items) Fruit (1 Item) 100% Fruit Juice (1 Item) Choice of Milk (1 Item)	11 Chef's Choice Today Fruit (1 Item) 100% Fruit Juice (1 Item) Choice of Milk (1 Item)
14 Cinnamon Churros (1 Item) Yogurt (1 Item) Fruit (1 Item) 100% Fruit Juice (1 Item) Choice of Milk (1 Item)	15 Warm Bagel (2 Item) W/Cream Cheese Fruit (1 Item) 100% Fruit Juice (1 Item) Choice of Milk (1 Item)	16 Wh. Grain Pop Tart (1 Item) Graham Cracker (1 Item) Fruit (1 Item) 100% Fruit Juice (1 Item) Choice of Milk (1 item)	17 Cereal (1 Item) Graham Cracker (1 Item) Fruit (1 Item) 100% Fruit Juice (1 Item) Choice of Milk (1 Item)	18 Chef's Choice Today Fruit (1 Item) 100% Fruit Juice (1 Item) Choice of Milk (1 Item)
21 Nutri Grain Bar (1 Item) Yogurt (1 Item) Fruit (1 Item) 100% Fruit Juice (1 Item) Choice of Milk (1 Item)	22 NO SCHOOL PD DAY	23 Banana Bread (2-Item) Fruit (i-Item) 100% Fruit Juice (1-Item) Choice of Milk (1-Item)	24 Pillsbury Cherry Pastry (2 Item) Fruit (1 Item) 100% Fruit Juice (1 Item) Choice of Milk (1 Item)	25 Chef's Choice Today Fruit (1 Item) 100% Fruit Juice (1 Item) Choice of Milk (1 Item)
28	29	30	31	1
NO SCHOOL – SPRING BREAK				

Don't Forget:
Select at least three (3)
food items.
One of the items must
be a FRUIT!

Please see food item
counts posted on daily
menu

Daily Milk Options:

Fat Free Chocolate
1% White

Please note: Our main food
supplier GFS is telling its
customers that there may be
times when some food
products may not be
available due to food
shortages this school year.
We will always give advance
notice when possible