

# MAY | 2023

## Southgate Elementary Breakfast menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b> Apple Cinnamon Muffin (2) Cheese Stick (1) Applesauce (1) Choice of Milk (1)	<b>2</b> Cookies and Cream Bar (1) Graham (1) 100% Fruit Juice (1) Choice of Milk (1)	<b>3</b> Cocoa-Cherry Soft Bake (1) Go-Gurt (1) Apple Slices (1) Choice of Milk (1)	<b>4</b> Double Chocolate Oatmeal bar (1) Scooby-Snacks (1) Craisins (1) Choice of Milk (1)	<b>5</b> Chefs Choice (1-2) Fruit OTD (1) 100% Fruit Juice (1) Choice of Milk (1)
<b>8</b> Blueberry Muffin (1) Graham (1) Applesauce (1) Choice of Milk (1)	<b>9</b> Lucky Charms Cereal Bar (1) Cheese Stick (1) 100% Fruit Juice (1) Choice of Milk (1)	<b>10</b> Nutri-Grain Bar (1) Goldfish Graham (1) Fresh Apple (1) Choice of Milk (1)	<b>11</b> Cereal (2) Go-Gurt (1) Raisins (1) Choice of Milk (1)	<b>12</b> Chefs Choice (1-2) Fruit OTD (1) 100% Fruit Juice (1) Choice of Milk (1)
<b>15</b> Cheerios Strawberry Cereal Bar (1) Graham (1) Applesauce (1) Choice of Milk (1)	<b>16</b> Banana chocolate Chunk Benefit Bar (2) Cheese Stick (1) 100% Fruit Juice (1) Choice of Milk (1)	<b>17</b> Chocolate Chip Oatmeal Bar (1) Dick & Jane Crackers (1) Fresh Banana (1) Choice of Milk (1)	<b>18</b> WG Double Chocolate Chip Muffin (2) Go-Gurt (1) Craisins (1) Choice of Milk (1)	<b>19</b> Chefs Choice (1-2) Fruit OTD (1) 100% Fruit Juice (1) Choice of Milk (1)
<b>22</b> Iced Cinnamon Granola Bar (1) Graham (1) Applesauce (1) Choice of Milk (1)	<b>23</b> Triple Berry Crunch Bar (2) Cheese Stick (1) 100% Fruit Juice (1) Choice of Milk (1)	<b>24</b> WG Donut (1) Chocolate Tiger Grahams (1) Whole Orange (1) Choice of Milk (1)	<b>25</b> Banana Mini Loaf (1) Go-Gurt (1) Raisins (1) Choice of Milk (1)	<b>26</b> NO SCHOOL
<b>29</b> NO SCHOOL-MEMORIAL DAY	<b>30</b> Pop-Tart (1) Cheese Stick (1) 100% Fruit Juice (1) Choice of Milk (1)	<b>31</b> Crunch Mania (2) Graham (1) Fresh Pear (1) Choice of Milk (1)	<b>1</b>	<b>2</b>

### News

#### **All Kids Eat Free!**

Select at least three (3) Items. One of the Items MUST be a FRUIT!

\*See the 'Item count' by each menu item listed.

\*Meals Subject to Change. Notice will be given when possible

This is an equal opportunity provider and employer.